

The Australasian Delirium Association presents

DECLARED 2018

Delirium Clinical and
Research Days

Preliminary
Conference
Program

Delirium 101 Workshop

5 September 2018

Conference Days

6-7 September 2018

Melbourne Convention and
Exhibition Centre

Melbourne, Australia



President's Welcome



The Australasian Delirium Association warmly invites you to join us in Melbourne, Australia for our 4th biennial conference.

The Conference and Pre-Conference Workshop will provide delegates with a unique opportunity to come together with world-class experts in delirium, to learn about the latest developments in pathophysiology, assessment, and clinical practices for improving patient outcomes. Never has a gathering of experts in delirium care been so well-timed - Health services all across Australia are working hard to improve care for confused older patients in line with the best practice guidelines

detailed in the new National Health Care Standards.

Clinicians and researchers from medicine, nursing and allied health fields will find this a wonderful opportunity to explore new ways to improve care for those with or at-risk for delirium, their families and carers.

Melbourne in spring is an exciting and vibrant city. Renowned for culture, coffee and sophistication there is much to see and do.

We look forward to welcoming you here in September 2018.

Associate Professor Gideon Caplan

President, Australasian Delirium Association

Special thanks to our event Sponsors:



**AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE**

Conference Organising Committee: Dr J Lustig, Dr M Britton, Dr L Lau, E Cull, V Clague, P Casey, M Webb-St Mart.

Australasian Delirium Association Committee: A/Prof G Caplan, Prof M Agar, J Masso, Dr E Eeles, A/Prof A Teodorczuk, J M^c Crow, K Flowers, A Hosie, Dr J Lustig, Dr M Britton, Dr L Lau, E Cull, V Clague, M Webb-St Mart, P Casey.

Key Note Speakers



Prof. Alasdair MacLulich

Alasdair MacLulich (MD) is Professor of Geriatric Medicine, at the University of Edinburgh, Scotland. Alasdair's research centres on the pathophysiology and neuropsychology of delirium, specifically cerebrospinal fluid and neuroimaging biomarkers of delirium, and the development of research and clinical tools for delirium assessment (e.g. the DelApp and the 4AT). Alasdair co-founded the European Delirium Association and is currently the Secretary of the Scottish Delirium Association.



A. Prof. Esther Oh

Esther Oh (MD, PhD) is Associate Professor of Medicine, Psychiatry and Behavioural Sciences and Pathology at the Johns Hopkins University School of Medicine, and is Associate Director of the Johns Hopkins Memory and Alzheimer's Treatment Center.

Esther's research is currently focussed on identifying biomarkers for the early stages of Alzheimer's disease; understanding the interrelationship between delirium and Alzheimer's disease; cognitive changes after surgery; and understanding the role of sensory problems (hearing and vestibular function) in Alzheimer's disease.



Prof. Jose Maldonado

Jose Maldonado (MD, FAPM, FACHE) is Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult) and, by courtesy, of Emergency Medicine and of Medicine at the Stanford University Medical Center and, by courtesy, of Law. Dr Maldonado is Medical Director of Psychosomatic Medicine and Chief of Psychiatric Emergency Services and Transplant Psychiatry at Stanford University Medical Center. He is President of the American Delirium Society.

Jose's research lab has developed the Stanford Proxy Test of Delirium (S-PTD); the Stanford Algorithm for Predicting Delirium (SAPD), the Prediction of Alcohol Withdrawal Severity Scale (PAWSS), and the 'benzodiazepine-sparing protocol' for the prophylaxis and treatment of complicated alcohol withdrawal syndromes.



A. Professor Noll Campbell

Noll Campbell (PHARMD) is a Research A/Professor at the Dept. of Pharmacy Practice, Purdue University, Indianapolis; Scientist at the Regenstrief Institute, and; Scientist for the Indianapolis University Center for Aging Research.

As an 'aging brain pharmacoepidemiologist' Noll has a special interest in medication management in older adults with cognitive impairment, specifically the impact of medicines on the development or progression of cognitive dysfunction.



Dr James Rudolph

James Rudolph (MD, MS) is a Geriatrician and Health Services Researcher at the Providence Veterans Affairs Medical Center, and A. Professor of Medicine at Brown University.

James has held positions as the Boston Site Director of the New England GRECC, the acting VABHS Chief of Geriatrics and Palliative Care, and the Director of the Delirium Patient Safety Center of Inquiry. James is focused on improving the care of older patients, especially identifying high-risk patients at a vulnerable time in their lives. He was the founding President of the American Delirium Society.



Prof. Rakesh Arora

Rakesh Arora (MD, PhD, FRCSC, FACS) is Principal Investigator- Heart Failure Therapy, Institute of Cardiovascular Sciences; Associate Professor Surgery, Anaesthesia & Physiology, University of Manitoba, and; Head of Cardiac Surgery, University of Manitoba, Canada.

Rakesh's research interests are directed towards understanding geriatric syndromes affecting surgical patients, including the impact of frailty and delirium in the cardiac surgery patient.

Invited Speakers



A/Prof. Shirley Bush

MBBS DRCOG DCH MRCP
Dip Pall Med FChPM



Anmarie Hosie

RN PhD



Prof. Barbara Kamholz

MD



Deirdre Widall

RN M. Clin Rehab



A/Prof Mark Van den Boogaard

RN PhD



Prof Yahya Shehabi

MD PhD FANZCA FCICM EMBA GAICD



Prof. Pratik Pandharipande

MD MSCI



A/Prof Babar Ali Khan

MD MS



Anne Cumming

Australian Commission on Safety and Quality in
Health Care



Stephanie Lomax

Safer Care Victoria



A/Prof Brendan Silbert

MD



A/Prof Lisbeth Evered

BSc, MBIostats, PhD



Rebecca Paterson

PhD Student, University of Queensland



Prof Peteris Darzins

BMBS PhD FRACP FRCP Grad Cert Health Prof Ed

Conference Program

Delirium 101 Workshop

Wednesday 5 Sept, 13:00 – 17:00

The ADA is delighted to present a half-day pre-conference workshop for delegates.

Is this workshop for me?

New to delirium? Or simply wanting to ensure your knowledge of delirium identification, prevention and management is comprehensive and based on the most up-to-date information? Then this workshop is for you!

What will I learn?

World class experts in the field of delirium will share their knowledge and experience with you. The key aspects of delirium identification, prevention and management will be explored using didactic, discussion-based and patient-based learning.

Upon completion of the session you will be able to effectively engage with other delirium professionals to understand the impact of delirium in healthcare environments and take steps to change that impact.

Program (provisional)

Time	Topic	Presenter
1300	Welcome and Introduction	James Rudolph, MD; Gideon Caplan, MD
	Delirium Definition and Diagnosis	James Rudolph, MD
	Delirium Risk Factors	Rakesh Arora, MD
	Pharmacologic Management of Delirium	Noll Campbell, PharmD
	Break & read discussion case	
	Mechanisms of Delirium	Pratik Pandharipande, MD
	After the Delirium	Babar Khan, MD
	Delirium Discussion	James Rudolph, MD; Pratik Pandharipande, MD
	<ul style="list-style-type: none"> • Introduction to Expert Patient Cases • Expert Patient Case- Round #1 • Expert Patient Case- Round #2 	
1700	Close	

How do I register?

You may attend this workshop independent of the Conference Days.
Register via the booking system at www.delirium.org.au

What is the cost?

\$150 plus GST

REGISTER EARLY AS PLACES ARE STRICTLY LIMITED

Conference Day 1

Thurs 6 Sept, 08:00 – 17:00

0800	Registrations open	
0845	Welcome	A/Prof Gideon Caplan, President Australasian Delirium Association
0910	Key Note Address	Prof Alasdair MacLulich, Royal Infirmary, Edinburgh <i>Delirium management in the general hospital patient</i>
1000	Key Note Address	Prof Esther Oh, Johns Hopkins, Baltimore <i>Delirium and dementia - the interrelationship</i>
1045	Morning Tea	Poster Presentations
1115	Concurrent Sessions	Submitted abstracts (to be advised)
1230	Lunch	Networking and Poster Viewing
1400	Concurrent Sessions:	
	Delirium in Palliative Care A/Prof Shirley Bush Dr Ann-marie Hosie	Delirium in Indigenous Communities & Lower Income Countries Prof Barbara Kamholz Deirdre Widall RN
		Delirium Research A/Prof Mark van den Boogaard
1530	Afternoon tea	Networking and Poster Viewing
1600	Key Note Address	Prof Jose Maldonado, Stanford University School of Medicine <i>Pathophysiology of Delirium</i>
1650	Close with Social Gathering to follow	

*Program subject to change- updates available on the ADA website www.delirium.org.au

Conference Day 2

Fri 7 Sept, 0800 – 1700

0800	Registrations open	
0900	Key Note Address	A/Prof Noll Campbell, Purdue University <i>Drugs for Delirium - Are they ever a good idea?</i>
0945	Invited Speaker	To be advised <i>A Patient's Story</i>
1000	Concurrent Sessions:	
	ICU Delirium Prof Pratik Pandharipande Prof Yahya Shehabi A/Prof Babar Khan	Caring for Cognitive Impairment Anne Cumming The Victorian Point Prevalence Study Stephanie Lomax The Economics of Delirium A/Prof Gideon Caplan
		The Role for Allied Health in Delirium Care To be advised
1115	Morning Tea	Poster Presentations
1130	Concurrent Sessions	Submitted abstracts (to be advised)
1230	Lunch	Networking and Poster Viewing
1330	Concurrent Sessions:	
	Surgery, Anaesthesia and Delirium A/Prof Brendan Silbert A/Prof Lis Evered Prof Rakesh Arora	Delirium in Children Rebecca Paterson et al TBC
		Delirium Education Prof Peteris Darzins A/Prof Andrew Teodorczuk
	Afternoon tea	Networking and Poster Viewing
1600	Panel Presentation	Dr James Rudolf, Prof Rakesh Arora, A/Prof Gideon Caplan <i>iDelirium and Raising Awareness</i>
1700	ADA DECLARED Brisbane, 2020	

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Prizes and Awards

The ADA committee is delighted to inform all those submitting abstracts for consideration that a number of prizes will be awarded, specifically to encourage up-and-coming researchers in the field.

Research Scholarship

Sponsored by The Australasian Delirium Association

Award \$5,000 to support original research into delirium within Australasia. Applicants should submit no more than 2 pages, providing the following information:

- The purpose of the research
- How the research will contribute to improving care for those with or at-risk of delirium
- Budget outlining how the money will be spent.

Submissions open- 1st May 2018

Submissions close- 31st August 2018

Best Platform Presentation

Sponsored by The Australasian Delirium Association

Award \$500 for research or travel expenses, and free registration at the next ADA conference

Best Platform Presentation by Nurse or Allied Health Professional

Sponsored by The Australasian Delirium Association & University of Technology, Sydney

Award \$1000 for research or travel expenses, and free registration at the next ADA conference.

Best Poster

Sponsored by The Australasian Delirium Association

Award Free registration at the next ADA conference

Prizes for Novel Delirium Research Demonstrating Improved Patient Care

Sponsored by The Rotary Club of Eltham

Award Two separate awards of \$500 for research or travel expenses



Information for Delegates

Venue



The Melbourne Convention and Exhibition Centre (MCEC), Melbourne, Australia, is the venue for this year's conference. It is conveniently located in South Wharf, on the banks of the Yarra River, within close proximity to many of Melbourne's highlights, including:

The Royal Botanical Gardens Crown Casino.
South Bank precinct The National Art Gallery

Visit the [MCEC website](#) for all the information you will need regarding:

- Car parking
- Accessibility (wheelchair access, hearing and vision support)
- How to get there (directions and public transport options).

Accommodation

The ADA has negotiated special rates for conference delegates at two hotels situated within easy walking distance of the MCEC.



Novotel Melbourne South Wharf Hotel

Rating 4 ★

Address: 7 Convention Centre Place, South Wharf VIC

W: [Novotel Melbourne South Wharf Hotel](#)

Bookings:

<https://book.passkey.com/go/australasiandelirium>



Pan Pacific Hotel



Rating 5 ★

Address: 2 Convention Centre Place, South Wharf VIC

W: [Pan Pacific Hotel South Wharf](#)

Bookings: www.panpacific.com/australasian-delirium-association

Of course there are plenty of other options available through accommodation apps and websites, including Airbnb, Stayz.com, Booking.com or your favourite travel and accommodation app.